

XIX International Congress of Hypnosis

October 17th - 21st 2012
Bremen



Who we are and why we look so „mesmerized“ you can read on page 5

www.hypnosis-congress.com

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1889	I	Congress: Paris
1900	II	Congress: Paris
1965	III	Congress: Paris
1967	IV	Congress: Kyoto
1970	V	Congress: Mainz
1973	VI	Congress: Uppsala
1976	VII	Congress: Philadelphia
1979	VIII	Congress: Melbourne
1982	IX	Congress: Glasgow
1985	X	Congress: Toronto
1988	XI	Congress: The Hague
1992	XII	Congress: Jerusalem
1994	XIII	Congress: Melbourne
1997	XIV	Congress: San Diego
2000	XV	Congress: Munich
2004	XVI	Congress: Singapore
2006	XVII	Congress: Acapulco
2009	XVIII	Congress: Rome



2012 XIX Congress: Bremen

Idea of the Congress

This is the 19th International Hypnosis Congress of the International Hypnosis Society, which dates its inception from 1889, and which has taken place every three years since 1973. The congress brings together leading experts from all over the world who represent a wide range of hypnotic skills, theoretical orientations and research interests. Numerous renowned hypnosis experts have replied to our invitation and will contribute to the congress. The ISH congress offers a pleasant atmosphere for speakers and participants from all over the world to meet, to exchange ideas and learn from one another.

Structure of the Congress

The congress will offer a range of learning components with 3 hour and 1.5 hour workshops, lectures, panel discussions, symposia and keynote speeches. There will be many parallel events from which to choose what is most interesting for you and your work.

Congress Languages

German and English (and French)

The keynote presentations will take place in the largest room of the Conference Center as well as the largest workshops. These largest events will have simultaneous translation (German, English and French). All other presentations, in German or English, are without translation. Because we have many registrations from France few workshops are in French language. Currently 15-20 parallel events in English and German are being planned.

Cultural Program

We have confirmation of some famous artists for a humorous and entertaining cultural program. You will find a first glance at the end of this brochure. On Saturday there will be the congress party. On Friday evening, directly in front of our Congress Center „The Freimarkt of Bremen“ will take place. This is the largest feast of the North, with an almost 1000 year old tradition, which predates the famous Oktoberfest im Munich by several hundred years.

International Society of Hypnosis

The International Society of Hypnosis ISH comprises about 40 member associations from all continents all over the world. At the same time the leading hypnotherapists and -researchers are organized as single members in this society. The ISH publishes scientific magazines (JCEH), a newsletter and bestows five awards every three years in line with the international congresses.

About this brochure

In this brochure you will find most of the accepted papers, lectures and workshops. In the final program there will be even some more papers and workshops. Because we will email to colleagues and also hope you will forward it to your colleagues as well we have included only a part of the photos of our faculty. All papers, workshops, abstracts, cv and photos you soon be found on our webpage www.hypnosis-congress.com



Congress Center



Citizen Park of Bremen



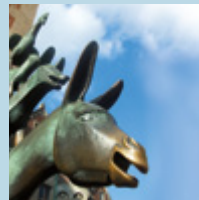
Marketplace

The “Bremen Town Musicians”

This universally known fairy tale of the Brothers Grimm tells the story of cock, cat, dog and donkey. Their owners think they are too old and therefore want to kill them. The animals manage to escape and by chance meet afterwards. They follow the donkey's proposition to become town musicians in Bremen and set out for Bremen. Finally, in conjoint “utilization” of their resources and strengths, they manage to seize the house of a band of robbers and decide to stay there. Contrary to the Bremen Town Musicians, the international hypnosis-world is planning to actually reach Bremen and unfold their skills, resources and combined creativity there. The hosts strive to “rock” the congress in every single way granting an ideal basis to unfold the collective creative potential.

The City Bremen and the Congress Center

Bremen, the port city on the Weser River, looks back on over 1200 years of history. It is located in the north of Germany. The Congress Center of Bremen is located in the heart of the city, only a 100 meters from the main train station and easily accessible by all means of transportation. The magnificent Citizen Park of Bremen is within a 5 minutes walk and offers the opportunity to spend the lunch break in a lush green environment.



The Bremen Town Musicians

And why do we look so hypnotized?

They told us that in March 2012 already 1280 health professionals plus 300 faculty members have registered for Bremen.





Australia

Brian Allen
Peter Richard-Herbert



Austria

Reinhold Bartl
Karlheinz Brandt
Martin Dettelbacher
Eva Ferstl
Martina Gross
Monika Gumhalter-Scherf
Susanne Hausleithner-Jilch
Hans Kanitschar
Matthias Mende
Michael Nigitz-Arch
Barbara Nigitz-Arch
Walter Tschugguel
Charlotte Wirl



Belgium

Marie-Elisabeth Faymonville
Fabienne Roelants
Nicole Ruysschaert
Christine Watremez
Ria Willemsen



Brazil

Marilia Baker
Lilian Borges Zeig
Ricardo Feix



Canada

Assen Alladin
Danie Beaulieu
Gabor Filo
Ashley Goodman



China

Xin Fang
Hong Wei Ma
Qijia Shi
Tianjun Liu
Wei Ren
Wei Xue
Yuan Li
Tak-ho Lam



Denmark

Anette Werner
Randi Abrahamsen



Finland

Ben Furman
Maarit Virta



France

Philippe Aim
Marie Arnaud
Jean Becchio
Patrick Bellet
Gilles Besson
Isabelle Celestin
Patrice Charbonnel
Jacqueline Clediere
Cécile Colas Nguyen
Jean Damien Dehoux
Bruno Dubos
Myriam Eono
Olivier Fleureaux
Franck Gardén-Breche
Christine Guilloux
Jean-Francois Marquet
Stéphane Ottin Pecchio
Isabelle Prevot-Stimec
Olivier Prian
Daniel Quin
Christian Schmitt
Thierry Servillat
Bruno Suarez
Guylaine Tran
Jane Turner

Denis Vesvard
Claude Viot



Germany

Daniel Bass
Ghita Benaguid
Dagmar Biesel
Walter Bongartz
Wiltrud Brächter
Eberhard Brunier
Wolf Büntig
Günter R. Clausen
Elfie Cronauer
Hermann-Josef Diedrich
Klaus-Dieter Dohne
Georg Dünzl
Hansjörg Ebell
Susann Fiedler
Melchior Fischer
Georg Franzen
Kai Fritzsche
Sabine Fruth
Ulrike Halsband
Ernil Hansen
Ingo Hodum
Eleonore Höfner

Karl-Ludwig Holtz
Helga Hüskén-Janßen
Paul Janouch
Ulrike Juchmann
Stefan Junker
Roland Kachler
Christian Kettler
Hans-Christian Kossak
Beate Köster
Harald Krutiak
Wolfgang Kuwatsch
Ines Lägél
Anne M. Lang
Susanne Leutner
Liz Lorenz-Wallacher
Hans Markowitsch
Ortwin Meiss
Veit Meßmer
Silvia Meyer
Elvira Muffler
Peter Nemetschek
Rolf Pannewig
Burkhard Peter
Manfred Prior
Luise Reddemann
Dirk Revenstorf
Björn Riegel

Helmut Rießbeck
Uwe Rudol
Hans-Ulrich Schachtner
Angelika Schlarb
Albrecht Schmierer
Gunther Schmidt
Maria Schnell
O. Berndt Scholz
Barbara M. Schoog
Stefanie Schramm
Sebastian Schulz-Stübner
Cornelie Schweizer
Karl-Josef Sittig
Ute Stein
Birgit Steiner-Backhausen
Teresa I. Sztab
Irmtraud Teschner
Dorothea Thomaßen
Bernhard Trenkle
Mathias Ulbricht
Harald Ullmann
Manfred Vogt
Jens von Lindeiner
Claudia Weinspach
Bernhard A. Wicke
Albert Widmann
Thomas Wolf



Great Britain

Mhairi McKenna
Irving Kirsch
Devin Terhune
Martin Wall
Ann Williamson



Greece

Andrew Armatas
Pantazis Iordanidis



Hungary

Éva I. Bányai
Gyula Biró
E. Jakubovits
Emese Józsa
Zoltán Kekecs
András Költő
Márián Renáta
Katalin Varga
Adrienn Vargay
József Pál Vas



India

Jini K Gopinath
Rajni Vyas
Bhaskar Vyas



Israel

Zahi Arnon
Gaby Golan
Shaul Livnay
Joseph Meyerson



Italy

Paola Brugnoli
Consuelo Casula
Guiseppe de Benedittis
Enrico Facco
Camillo Lorioed
Antonella Monini
Michele Modenese
Giorgio Nardone
Guiseppe Regaldo
Wilma Sponti Trasarti
Federica Tagliati



Lithuania

Inara Roja



Luxembourg

Marie-Jeanne Bremer



Mexico

Teresa Robles
Jorge Abia
Rafael Núñez



Netherlands

Carla Frankenhuys
Eric Vermetten



Norway

Martin Blendstrup Malmstrøm
Hans Christian Ramskov Jensen
Gunnar Rosén



Poland

Ewa Gruszecka
Krzysztof Klajns
Lucyna Lipman
Kasia Szymanska



Russia

Olga Antipova
Anna Debryanskaya
Vladislav Kuznetsov
Vladimir Kuznetsov
Natalya Petrash
Larisa Shtark
George Stefanov
Rashit Tukaev



Slovakia

Erika Chovanec



Slovenia

Miran Mozina



South Africa

Jenny da Silva
Elzette Fritz
Idillette Hartman
Woltemade Hartman



Spain

Jose Cava
Adolfo García de Sola
Márquez
Teresa Garcia-Sanchez
Beatriz Suarez-Buratti



Sweden

Etzel Cardeña
Susanna Carolusson
Anna Gerge
Lars-Eric Uneståhl



Switzerland

Peter Hain
Regina Hunter
Carlo Lang
Martine Oswald
Olivier Piedfort-Marin
Michael Schekter
Gary Bruno Schmid
Susy Signer-Fischer
Thomas Villiger
Silvia Zanotta
Christian Ziegler



Turkey

Abdulkadir Demirel
Ali Esref Muezzinoglu
Osman Özcan
Ali Özden Öztürk
Cuneyt Tugrul



Ukraine

Borys Ivnyev
Oleksandr Tokhtamyshev



USA

Helen Adrienne
Ronald Alexander
Brian Alman
David Alter
Arreed F. Barabasz
Philip F. Barretta
Norma Barretta
Christel Bejenke
Ralph Berberich
Carolyn Daitch

Sheryll Daniel
Susan Dowell
Reinhild Draeger-Muenke
George P. Glaser
David Gottsegen
Steven Hassan
Mark Jensen
Joan Jobsis
Anita Jung
Pamela Kaiser
Daniel Kohen
Jeffrey Lazarus
John Lentz
Julie Linden
Richard Miller
Donald Moss
Maximilian Muenke
Karen Olness
Jane Parsons-Fein
Dave Patterson
Maggie Phillips

Susan Pinco
Alan Redstone
Michele Ritterman
Dan Short
C. Alexander Simpkins
Annellen Simpkins
Laurence Sugarman
Linda Thomson
David Wark
Edwin Yager
Michael Yapko
Diane Yapko
Jeffrey K. Zeig



Pre-Congress-Workshop 1

(Congress Center Bremen)

WS1: Michael Yapko**The Merits of Clinical Hypnosis in Psychotherapy:
Enhancing Treatment Experientially**

(Tuesday 16.10.12, 11- 2 am and 3:30 - 6:30 pm)



Michael Yapko



Rajni Vyas



Bhaskar Vyas

The author of the comprehensive book *Trancework – An Introduction to the Practice of Clinical Hypnosis* 4th revised ed. June 2012 is giving an overview about the importance of hypnosis in modern psychotherapy. For advanced colleagues this will be a summary of the state of the art in the field and additionally is an introduction to hypnotherapy for beginners. The abstract will give you a good impression what Michael Yapko is planning to teach.

www.hypnosis-congress.com**Registration until July 31, 2012**

175,- €/for congress participants 95,- €

Registration from Aug 1, 2012:

195,- €/for congress participants 110,- €



Pre-Congress-Workshops 2+3

(Congress Center Bremen)

The Indian Professors Rajni and Bhaskar Vyas impressed us at our recent congress in Nepal 2010. Bhaskar Vyas is a specialist in plastic surgery who worked in England, USA and India. He was President of the Indian Hypnosis Society as well as the Society for Clinical and Experimental Hypnosis in USA. Bhaskar Vyas is also a philosopher and knows Eastern as well as Western philosophy. He knows Jungian Analysis and Ericksonian Hypnotherapy.

Rajni Vyas is a gynecologist and obstetrician who worked also in USA and India. She was President of the Indian Hypnosis Society. Both are authors of the Indian Handbook of Clinical Hypnosis. They sent several very interesting proposals for the congress and we have chosen two for the pre-congress seminars.

WS2: Rajni Vyas

Positive suggestions in hypnotherapeutic session

(Tuesday 16.10.12, 11-2 am)

The Abstract of Rajni Vyas is starting with: Positive psychology is said to be a new concept. In fact, philosophically, it is old wine in a new bottle. Since time immemorial, blessings and prayers were emphatically positive. Rishis of Rig Veda prayed so that good thoughts would come to them from all the sides. Patanjali, a master positive psychologist, first laid out the preparations for spiritual progress by defining what to do and what to avoid...

WS3: Bhaskar Vyas

Age regression and selective ablation of the past for disorders of undiagnosed etiology: A comprehensive hypnotherapeutic strategy

(Tuesday 16.10.12, 4:30 - 7:30 pm)

Unconscious mind by its very definition is not conscious to the patient/client and, often to the therapist, in spite of his/her refined probing with psychoanalytic tools and perspective insight, he/she fails to decipher the underlying psychodynamics of the subject. Hypnosis is a royal road to unconscious mind.

We assume that Rajni and Bashkar Vyas both will be present the whole time and also will be co-teaching from time to time.

Both workshops together:

Registration until July 31, 2012

175,- €/for congress participants 95,- €

Registration from Aug 1, 2012:

195,- €/for congress participants 110,- €

Each part individually:

Registration until July 31, 2012

95,- €/for congress participants 55,- €

Registration from Aug 1, 2012:

110,- €/for congress participants 75,- €

Pre-Congress-Workshop 4**Brian Alman in KREFELD**

An exclusive essence of Brian Almans new book – „The Voice“

(Monday/Tuesday 15.10.-16.10.12 each 9.30 - 7 am)

The book „Self-Hypnosis“ of Alman/Lambrou is an international bestselling book translated in many languages. The German edition sold 37.000 copies until now. Since few months the eagerly awaited new book of Alman is in print. In Spring 2013 it will be available in German also. In this 2 days pre-con workshop in Krefeld Brian Alman will teach the essence of his new book. After this he will come to Bremen.

Early bird rate until 30.06.12:

325,- €, after 350,- €

Registration/Info:

intakkt

Schneiderstr. 50

47798 Krefeld

www.intakkt.de

Tel. 02151-3271901



Brian Alman



Michele Ritterman

Be aware: Pre-Con Workshops Nr. 4 will be in another city and Nr. 5 will be in Bremen but not in the Congress Center. Please contact the hosting institutes which are the responsible organizers.

Pre-Congress-Workshop 5**Michele Ritterman**

Hypnosis and Family Therapy

(Tuesday 16.10.12, 1 - 6.00 pm)

Michele Ritterman is the pioneer in the field for hypnosis and family therapy. Already 1980 she published a handbook article with the title: „Hypnostructural Family Therapy“ and 1983 the classic book Hypnosis and Family Therapy was published Michele Ritterman will present her approach in this pre-congress workshop. This is organized together with NIK the leading solution-oriented institute in Germany, which has a long tradition in organizing workshops with international faculty.

Early bird rate until 30.06.12:

120,- €/for congress participants 95,- €

After 01.07.2012: 140,- €/for congress participants 120,- €

Registration/information in writing to be sent to:

Norddeutsches Institut für Kurzzeithherapie, NIK

Außer der Schleifmühle 40, 28203 Bremen

www.nik.de, E-Mail: info@nik.de, Fax: 0049/421/3379417



Guiseppe de Benedittis



Hans-Christian Kossak



Julie Linden



Camillo Lorio



Bernhard Trenkle



Jeffrey Zeig

Guiseppe de Benedittis

Mapping the State of Art of Research in Hypnosis. A Worldwide Survey

Hans-Christian Kossak

Peng - you are hypnotized - hypnosis in the art of comics

Julie Linden

HYPNOSIS: The Next Generation. What will our legacy be?

Camillo Lorio

From the Technique to the Person: How to develop hypnotists' personal resources to activate therapeutic change

Bernhard Trenkle

Time Distortion – A trance phenomena with therapeutic implications

Jeffrey Zeig

Principles of Advanced Induction

With simultaneous translation German/English/French



Using hypnosis and hypnotherapeutic techniques in Psychotherapy in addition to traditional medical applications is the focus of attention at international hypnosis congresses. Hypnosis is the oldest psychotherapy approach because since ancient times world cultures have been using trance for therapeutic purposes. Modern neuro-psychological research provides evidence for the effectiveness of hypnosis and the reality of hypnotic phenomena. Hypnotherapy on the one hand has its own strategies to solve psychological problems as well as hypnosis may be used on the other hand to accelerate the effect of other therapeutic approaches.

The psychotherapeutic program of this congress will be presented in the next 12 pages.

Introduction

Manfred Prior is a bestseller author in Germany and he will give a German language introduction to modern hypnotherapy.

We got many proposals in this category: Hypnotherapy for treating anxiety disorders. The approaches are very different. Hypnosis is combined with CBT, psychodynamic approaches or systemic family therapy.

Workshops and Short-Courses

Ghita Benaguid

Hypnotherapie bei Prüfungsangst und Lampenfieber

Isabelle Celestin-Lhopiteau & Jean Becchio

La peur, obstacle et levier du changement

Paul Janouch

Hypnotherapie bei Angststörungen

Hans-Christian Kossak

Kurztherapie der Angst – kognitiv-behaviorale Hypnose

Krzysztof Klajs

Hypnotherapie bei Zwängen (unter Einbezug der Familie)

Silvia Meyer

Wahrnehmung & Vertrauen – Hypnotherapeutische Arbeit mit Zwangspatienten

Giorgio Nardone

Hypnotherapy without Trance & strategic dialogue with OCD

Lectures

Zahi Arnon & Joseph Meyerson

Strategic and positive hypnotherapeutic approaches in the psychological treatment of OCD patients

Bruno Suarez

Hypnosis in the management of claustrophobic MRI patients

Beatriz Suarez-Buratti

An Ericksonian approach to forming intentions and developing a new sense of agency in agoraphobia and severe anxiety



On a large international family therapy congress 1987 Salvatore Minuchin said: Family Therapy is more influenced by hypnotherapy than it is aware. In the mean time systemic family therapy and hypnotherapy have developed immensely and gained influence especially in Europe. The so-called hypno-systemic approaches are used in many fields of applications. We will have a very special symposium with leading experts. Additionally we have a richness of workshops in the program addressing this topic, especially working with couples.

Symposium

Hypnosis & Family Therapy

Ben Furman, Camillo Lorio, Jane Parsons-Fein, Michele Rittman and Gunther Schmidt

Workshops and Short-Courses

Lilian Borges Zeig

Hypnosis in Couples Therapy

Carolyn Daitch & Sheryll Daniel

Hypnosis and Couples Therapy: Enhancing Affect Regulation and Connection

Klaus-Dieter Dohne

Der soziale (Alltags-) Kampf um das knappe Gut der mentalen Aufmerksamkeitsressourcen

Monika Gumhalter-Scherf

Hynsystemische Aspekte in der Arbeit mit Genogrammen

Roland Kachler

Hypnotherapeutische Paartherapie: Die Arbeit mit dem Paar-Unbewussten

Lucyna Lipman & Katarzyna Szymanska

Utilization of Couples' Resources in the Peer and Marital Therapy

Wilma Sponti Trasarti

Rapport and Intimacy – a multilevel hypnotic language of intimacy between belonging and individuating

Lectures

Patrice Charbonnel

Couples Therapy: "I would like you to bring me some photographs"

Jean-Francois Marquet

Using Hypnosis with couples in therapy: a Russian approach

Depression and Hypnosis will be addressed in another important symposium. It is organized by Claude Virost, France. Some of the leading colleagues will address the topic later in workshops. The symposium will address topics and questions like: What is depression? What therapeutic strategies are helpful? How is hypnosis helpful? How do our speakers see the value of drugs in the treatment of depression?

Symposium

New Concepts in depression – from diagnosis to therapeutic strategies

Assen Alladin, Borys Ivnyev, Irving Kirsch, Camillo Loredio, Ortwin Meiss, Teresa Robles, Claude Virost & Michael Yapko

Here already some titles of symposium addresses:

Borys Ivnyev

New method of depression self-correction in hypnotherapy use – formation of individual behavior with help of "Happiness Matrix Program"

Irving Kirsch

The Emperor's New Drugs: Medication and Suggestion in the treatment of depression

Camillo Loredio

Treatment Strategies in Systemic Hypnotic Family and Couples Therapy

Workshops and Short-Courses

Ortwin Meiss

Hypnotherapie bei Depressionen

Mathias Ulbricht

Depression als Reaktion auf ein Dilemma – hypno-systemische Bewältigungsstrategien und therapeutische Beziehung

Claude Virost

Activation of resources in a deep depression



Irving Kirsch



Claude Virost



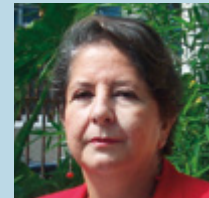
Michael Yapko



Borys Ivnyev



Ortwin Meiss



Teresa Robles

Sleeping disorders is an important field in which hypnotherapy proofed to be effective.

Workshops and Short-Courses

O. Berndt Scholz

Hypnotherapie bei chronischen Schlafstörungen

Angelika Schlarb

Schlaf schön und träum süß – Hypnotherapeutische Interventionen in der Behandlung von Schlafstörungen

Lectures

Angelika Schlarb

Hypnosis in the treatment of insomnia patients with comorbid depressive symptoms

Woltemade Hartman

The Treatment of a Sleeping Disorder with Ego-State Therapy



O. Berndt Scholz



Angelika Schlarb



Woltemade Hartman



Hypnotherapy is offering a wealth of techniques for modern trauma therapy. Many of the approaches popular in trauma therapy now have been developed in the field of hypnotherapy. In this category we have many workshops but also an important symposium about Ego State Therapy (in the tradition of John and Helen Watkins) which is coordinated by Woltemade Hartman.

Symposium

Ego-State Symposium

Woltemade Hartman

An Introduction to Ego State Therapy: A Parts-Model that is Creative, Experiential and Integrative!

Arreed F. Barabasz

Efficacy of Ego State Therapy for PTSD

Susanna Carolusson

Men with too much Empathy: An Ego-State Approach

Elfie Cronauer

Healing the Aching Body: Connecting with resourceful Ego-States

Jenny da Silva

A Case Study exploring the Experiences of Educational Psychologists utilizing Ego-State Therapy to address Dissociation in Adolescents

Susanne Leutner

The Healing Bridge: Linking resourceful and traumatic Ego-States

Maggie Phillips

Mending Fences: Repairing Boundaries through Ego-State Therapy

Luise Reddemann

Psychodynamic imaginative trauma therapy and its roots in hypnotherapy and Ego-State Therapy

Charlotte Wirl

The Power of Healing Ego-States

Silvia Zanotta

Ego-State Therapy as Intervention Strategy for Children and Adolescents with Somatic Complaints

Eva Ferstl

Ego-State Therapie „insight“: Die Stufen der Persönlichkeitsintegration am Beispiel einer 12-jährigen Patientin mit der Diagnose „Anorexia nervosa“

Kai Fritzsche

7 auf einen Streich. Ego-State Therapie in der ambulanten Praxis

Susanne Hausleithner-Jilch

„Alles wird gut“: Eine Fallstudie zu Ego-State Therapie bei frühem Verlust

Beate Köster

Systemische Interventionen in der Ego-State Therapie

Workshops and Short-Courses

Ronald Alexander

Mindfulness, Trauma and Trance: Ericksonian and Somatic Approaches. Theory and Practice

Elfie Cronauer & Susanne Leutner

Wenn ich so stark bin wie sie, schaffe ich alles – mit ressourcen-vollen Ego-States das Belastende auflösen

Anna Gerge

Combining forces „Why evidence based treatments for traumatization as EMDR and Trauma focused-CBT ought to add clinical hypnosis to enhance healing of patients with complex PTSD and DID“

Woltemade Hartman

N.N.

Maggie Phillips

Hypnosis and the Deep Self

Maggie Phillips & Silvia Zanotta

Hypnosomatic approaches to Ego-State Therapy

Peter Richard-Herbert

Ego-State Symbolised Integration Technique

Luise Reddemann & Olivier Piedfort

La thérapie psychodynamique imaginative des traumas et ses racines dans l'hypnothérapie et la thérapie des états du moi

Susan Pinco

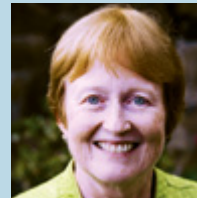
Brainspotting: New Trauma Treatment Protocols

József Pál Vas & Noémi Császár

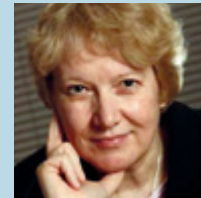
Tandem Hypnotherapy as a New Method Functioned at Sensori-motor Level

Eric Vermetten

Hypnotic Realities in Psychotrauma



Maggie Phillips



Luise Reddemann



Eric Vermetten



Mostly we gave international presenters priority and unfortunately had to disappoint some German speaking colleagues. To realize the full relevance of the proposals you should study the abstracts and CV's of the presenters. The titles of the presentations often are not reflecting the full scopes of the planned presentations.

Workshops and Short-Courses

Jorge Abia & Rafale Nunez

Strategic Hypnotherapy of Psychotic Nuclei within Ego-States

Brian Allen

The Golden Wattle Cookbook of Hypnosis – Some simple tried and tested recipes that really work

Assen Alladin

Evidence-based Cognitive Hypnotherapy for Emotional Disorders

David Alter

Keeping Memory in Mind: Remembering our Past to Enhance our Future

Daniel Bass

Using movies in Ericksonian Psychotherapy

Adolfo García de Sola Márquez

Working Consciousness States in Psychotic Patient Groups

Martin Blendstrup Malmstrøm & Hans Christian Ramskov Jensen

How to integrate hypnotherapy with a narrative approach

Reinhold Bartl

„Körperwissen und Intuition – ein „kluger Zu-Ruf!?“ Beiträge der Hypnotherapie für einen entwicklungsförderlichen Umgang mit leidvoll-somato-psychischen Symptomatiken

Etzel Cardeña

Altered consciousness is a many splendored thing:
A multidisciplinary perspective

Susanna Carolusson

Stress related illness and hypnosis

Jose Cava

Posthypnotic Suggestions and Daily Life Metaphors:
Making therapy more effective



Brian Allen



Reinhold Bartl



Susanna Carolusson

Erika Chovanec

Using Hypnotherapy to Foster Self-Actualization and Being-Motivation

Hermann-Josef Diedrich

Präsenz – Kreativität – Flexibilität in der Psychotherapie entwickeln und nutzen. Wie? So!

Susan Dowell

Footprintings; Nine Colors, Infinite Possibilities

Ricardo Feix

Learning to deal with automatic writing in deep trance

Elzette Fritz

Re-memering the healer within: a creative expressive arts therapy experience to celebrate the caring self

George P. Glaser

The Poetry of Language: Hypnotic Rhythms of the Body-Mind

Gaby Golan

The use of hypnosis in conversions

Jini K. Gopinath

The conceptual parallels between Yoga and Hypnosis

Martina Gross

Neugierig sein auf „Widerstände“!

Peter Hain

Humor und Hypnose – ein hypnosystemischer Ansatz

Steve Hassan

Releasing the Bonds: Empowering People to Think for Themselves

Pantazis Iordanidis

Ericksonian Hypnosis Facilitated Psychotherapy for Pathological Gambling

Irving Kirsch

Hypnosis, Placebo, and the Power of Suggestion

Carlo Lang

Umbau auf offener See – Spielerisches Üben

Anne M. Lang

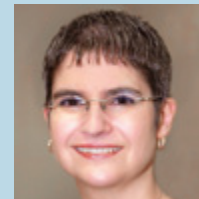
Phänomen Hypnose – die Vielfalt der Trance-Induktionen

John Lentz

A Hypnotic Perspective on How to Stay In Love Forever



Ricardo Feix



Elzette Fritz



George P. Glaser

Shaul Livnay

Non-Verbal (incl. Gong) means of working through issues in hypnotherapy

Hans Markowitsch

Störungen von Kognition und Gedächtnis im Alter

Matthias Mende

Autonomie, Bindung, Kompetenz und Orientierung: die Harmonisierung der emotionalen Grundbedürfnisse durch Teile-Arbeit in der Hypnotherapie

Joseph Meyerson

„Creative remembering“ – Autobiographic Memory
Reconstruction during Hypnotherapy for Therapeutic Purposes

Richard Miller

Clinical Hypnosis With Gay Men

Miran Mozina

For Psychotherapy as an Autonomous Profession:
What is Happening in Europe

Miran Mozina

How to Train Hypnosis: New Developments in Psychotherapy Training

Ali Esref Muezzinoglu

Direct applications of conscious hypnosis

Daniel Quin

Hypnose für Dummies

Dirk Revenstorf

Sexualität, Trance und Körpertherapie

Nicole Ruysschaert

Happiness and Hypnosis

Hans-Ulrich Schachtner

Erickson'sche Kommunikation im Alltag, Beruf und in der Liebe

Michael Schekter & Martine Oswald

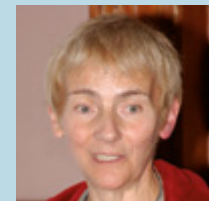
The Four Squares Technique



Shaul Livnay



Miran Mozina



Nicole Ruysschaert

Dan Short

Working with Complex Resistance

Gary Bruno Schmid & Veit Meßmer

Quantentheorie und Hypnose

Stefanie Schramm

Hypnose lernen ist nicht schwer – Hypnotherapie dagegen sehr?!

Anellen Simpkins & C. Alexander Simpkins

Neuro-Hypnosis: Using Indirect Hypnosis to Foster Mind-Brain Change Unconsciously, Naturally, and Effortlessly

Karl-Josef Sittig

Hypnosystemischer Sprachkurs für die tägliche Praxis

Teresa I. Sztab

Gut leben im Sterben: Dem Sterben Raum geben – Wahrnehmen und gestalten der „Innen- und Aussenräume“

Dorothea Thomaßen

Sinne und Spiritualität

Harald Ullmann

Metaphors and Stories in the Daydream Method

Maarit Virta

Hypnotherapy for adults with attention deficit hyperactivity disorder (ADHD)

Ann Williamson

Healing, spirituality and hypnosis – an integration

Edwin Yager

Subliminal Therapy: A Therapy of the Future

Thomas Villiger

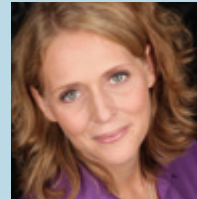
Innen ist wie Aussen: Meine Stimme...

Michael Yapko

Mindfulness and Hypnosis: The Same Differences

Jeffrey K. Zeig

Advanced Techniques of Ericksonian Hypnosis: „Ornamentation“



Stefanie Schramm



Harald Ullmann



Maarit Virta

2012 we will concentrate on another interesting topic „Hypnosis and Stuttering“ and will also have a symposium about this topic.

Symposium

Hypnosis & Stuttering

Idillette Hartman

Stuttering and Stuttering Therapy

Woltemade Hartman

Ego-State Approaches with stutterers and voice disorders

Bernhard Trenkle

Speeding up Van Riper Therapy by hypnosis and strategic approaches

Assen Alladin

Hypnotically-Assisted Diaphragmatic Exercises in the Treatment of Stuttering

Short-Course

Diane Yapko

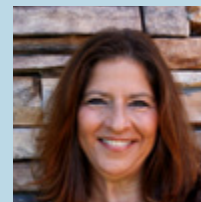
More Than Words: Working Hypnotically & Strategically with Social-Language Deficits in Children or Children in Speech Therapy



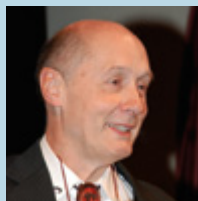
Idillette Hartman



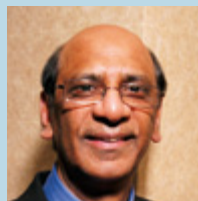
Woltemade Hartman



Diane Yapko



Bernhard Trenkle



Assen Alladin



This field has been developing rapidly in the last 20 years in the German language part of Europe. The 6th Child Hypnosis congress 2009 was attended by 1800 colleagues. In Bremen most of the leading colleagues in this field will be present. There will be a symposium about developmental aspects of hypnosis organized by Karl-Ludwig Holtz and Dan Kohen.

Symposium

What does it mean to work developmentally appropriate with children and adults in hypnotherapy?

Karl Ludwig Holtz, Dan Kohen, Julie Linden, Karen Olness, Laurence Sugarman and Susy Signer-Fischer



Karl Ludwig Holtz



Dan Kohen



Karen Olness

Workshops and Short-Courses

Ralph Berberich

Reducing Immunization Discomfort in 4-6 Year Old Children

Carla Frankenhuys

Hypnotherapy for Children with Functional Abdominal Pain or Irritable Bowel Syndrome: A Randomized Controlled Trial

Pamela Kaiser

Anxiety and Worry in childhood: Individualizing hypnosis for self-regulation

Daniel Kohen & Laurence Sugarman

Putting hypnosis into pediatric practice

Daniel Kohen & Karen Olness

Applications of Hypnosis for Children with Chronic Illness

Ines Lägél

Wie sag ich es dem Kinde? Altersgerechte Krankheitsinformation für Kinder psychisch kranker Eltern

Jeffrey Lazarus

Treatment of Tics and Habit Disorders with Training in Self-Hypnosis

Jeffrey Lazarus

Nocturnal enuresis

Barbara Nigitz-Arch & Michael Nigitz-Arch

Null Bock – und alle wollen was von mir

Michael Nigitz-Arch

Geschichtenerzählende Zauberkunst in Therapie und Beratung

Susy Signer-Fischer

Magic and Realism in the treatment of Anxiety Disorders in children and adolescents

Birgit Steiner-Backhausen

„Wenn ich das kann, kann ich das auch!“ – Die Bedeutung und Nutzung des Resilienzkonzeptes in der Hypnotherapie mit Kindern

Linda Thomson

Metaphorical Approaches and Techniques for Changing Habits with Children

Manfred Vogt

Hypnose mit Kindern und Jugendlichen

Charlotte Wirl

Brief hypnotherapeutic interventions with children and adolescents

Lectures

David Gottsegen

Hypnotic Approaches for Children with Enuresis: The use of suggestion and metaphor

Linda Thomson

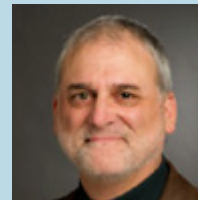
To Poop or not to Poop

Ines Lägél

Kinder psychisch kranker Eltern – Besondere Belastungen und Bedürfnisse



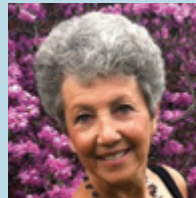
Pamela Kaiser



Laurence Sugarman



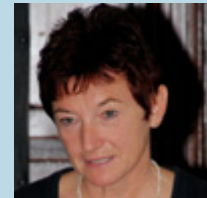
Susy Signer-Fischer



Linda Thomson



Manfred Vogt



Charlotte Wirl

Different from previous hypnosis congresses in the past 10-20 years applications of hypnotic techniques in the field of medicine is of growing importance. This is not limited to the field of psychosomatics but, also in more traditional medical applications such as anesthesia, emergency room medicine and in an ambulance. Some of the leading experts for pain control will be present in Bremen. Among them Dave Patterson and Mark Jensen, both from Seattle.

Workshops and Short-Courses

Randi Abrahamsen

Hypnosis for pain relief in chronic orofacial pain

Norma Barretta & Philip F. Barretta

The Pain stops here – The Healing Metaphor: Metaphor as an adjunct to Medical Intervention

Marie-Elisabeth Faymonville

Wie kann man Motivation zur Selbsthilfe fördern bei chronischen Schmerzpatienten

Melchior Fischer

Einführung in die Hypnotherapie bei chronischen Schmerzen



Marie-Elisabeth Faymonville



Mark Jensen



Dave Patterson

Mark Jensen & Dave Patterson

Hypnotic Management of Pain: I + II

Rolf Pannewig

Pain reduction by hypnosis - Glove Anesthesia and other treatments of acute pain

Burkhard Peter

Konstruktion und Modifikation eines „Symptomträgers“
– eine Strategie für chronische Schmerzpatienten

Lectures

Randi Abrahamsen

Effect of hypnosis on persistent orofacial pain – a scientific report from clinical studies

Guiseppe de Benedittis

Hypnosis for fibromyalgia: a long term, controlled study

Jean Damien Dehoux

Electrotherapy in the service of hypnosis

Marie-Elisabeth Faymonville

Selbsthypnose bei chronischen Schmerzproblemen

Mark Jensen

Hypnotic Cognitive Therapy for Pain Management

Dave Patterson

An Ericksonian, biopsychosocial approach hypnotic approach to pain control

Gunnar Rosén

How and Why Hypnosis works in the treatment of pain

Angelika Schlarb

Sun in the belly – a hypnotherapeutic-behavioral intervention for children with recurrent abdominal pain

Denis Vesvard

Hypnosis & Cognitive-Behavioural Group Therapy for Patients in Pain

Charlotte Wirl

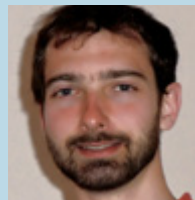
Psychosomatik und Schmerz – Medizinische Hypnose



Randi Abrahamsen



Norma & Philip F. Barretta (mehr als 60 Jahre verheiratet !!)



Melchior Fischer



Rolf Pannewig



Burkhard Peter

In Europe and the USA some leading anesthesiologists use hypnosis in their work in addition to their classic medical repertoire. Among them are Elisabeth Faymonville from Belgium who got the Milton Erickson Award from the German Milton Erickson Society, Ernil Hansen University of Regensburg, Germany and the great pioneer in this field, Christel Bejenke from USA/Germany.

Workshops and Short-Courses

Christel Bejenke

Hypnosis and related States in Medicine – Their Relevance and vast Applicability

Guylaine Tran

Coloscopy and hypnosedation: gastroenterologist and anesthesiologist differing perspectives

Sebastian Schulz-Stübner

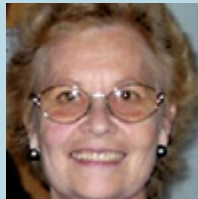
Hypnosis for procedural sedation and adjunct to regional anesthesia



Sebastian Schulz-Stübner



Ernil Hansen



Christel Bejenke

Lectures

Ernil Hansen

Awake during brain surgery?

Christian Schmitt

Aus meiner persönlichen Sicht als Anästhesist – Wozu Hypnose, und mit welcher Ausbildung?

Sebastian Schulz-Stübner

Is there a role for hypnosuggestive techniques in the intensive care unit?

Enrico Facco

Hypnosis as a sole anesthesia for atypical Spitz tumor removal in a case with multiple chemical sensitivity

Olivier Fleureaux

Conversational hypnosis for surgery

Fabienne Roelants

Conventional and videoassisted thyroidectomy under hypnosis

Christine Watremez

Benefits of hypnosis on breast cancer surgery

Cuneyt Tugrul

The effectiveness of fast hypnotic suggestions on breast surgical cases

We received proposals showing new applications of hypnotherapeutic techniques and we got proposals from many new colleagues that also work in this field. A wide range of topics will be addressed: infertility, psychosomatic aspects and child birth.

Workshops and Short-Courses

Helen Adrienne

Finding the Fertility in Infertility

Karlheinz Brandt

Kinderwunschhypnose – Hypnotic Interventions For Infertile Couples

Eva Ferstl

Die Entdeckung von Ressourcen bei Frauen mit Kinderwunsch oder bei Schwangerschaftsbegleitung & Geburtsvorbereitung: ein integrativer neo-Ericksonian'scher Ansatz in Ego-State Therapie

Helga Hüsken-Jansen

HypnoMentale Geburtsvorbereitung

Liz Lorenz-Wallacher

Hypnoimaginative Geburtsvorbereitung und frühe Prävention

Guiseppe Regaldo

Childbirth in Hypnosis

Walter Tschugguel

Hypnose bei Patientinnen mit gynäkologischen Symptomen

Lectures

Helen Adrienne

In the mind's eye

Eva Ferstl

Die Trauer der neo-Väter – wenn nach 40 Wochen kein Kind kommt

Walter Tschugguel

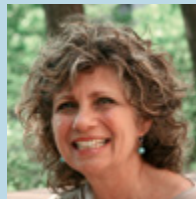
Das was benennbar ist, ist nicht das Problem

Rajni Vyas

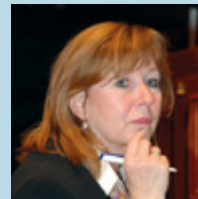
Treatment of Unexplained Reproductive Failure in 554 couples with Hypnotherapy

Anette Werner

Antenatal hypnosis training and Childbirth – the effect on Pain Experience, Length of Birth and other Birth outcomes



Helen Adrienne



Liz Lorenz-Wallacher



Walter Tschugguel

New innovative approaches will be addressed in this section. In Alsace/France rapid induction techniques are used in ambulance cars.

Workshops and Short-Courses

Cécile Colas Nguyen

Turboinduktion im Notfall

Georg Dünzl

Therapeutische Kommunikation/ Hypnose in medizinischen Notfallsituationen

Franck Garden-Breche

Hypnosis and Emergencies: Bringing out the beaten tracks



Cécile Colas Nguyen



Georg Dünzl



Franck Garden-Breche



Techniques for distinct symptoms will be addressed but also efficient communication in medical situation (placebo vs. nocebo)

Workshops und Seminare

Paola Brugnoli

Clinical Hypnosis Techniques in Palliative Care

Eberhard Brunier

Allergie mit Selbsthypnose heilen

Hansjörg Ebell

Hypnose und Selbsthypnose in der Psychoonkologie

Sabine Fruth

Medizinische Hypnose einmal anders: Aktivierung der Selbstheilung durch gezielte Körperreisen

Teresa Garcia-Sanchez

A workshop based on a Multiple Sclerosis case totally recovered as the scans show

Ernil Hansen

Negative suggestions and nocebo effects in medicine

Stefan Junker

Hypnotherapeutische Immunmodulation

Harald Krutiak

Hypnotherapeutic approaches to psychoneuroimmunology

Mhairi McKenna

Mind/Body/Psyche/Skin/ – Using your mind to control skin

Elvira Muffler

Hypnosystemische Konzepte in der Psychoonkologie

Donald Moss

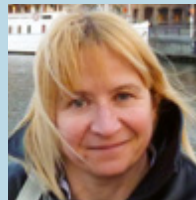
Heart Rate Variability Biofeedback: What is Heart Rate Variability? What is its Medical and Psychological Significance? How Can We Optimally Train Positive HRV Changes?

Irmtraud Teschner

Hypnose bei medikamentenrefraktären Epilepsien

Cuneyt Tugrul

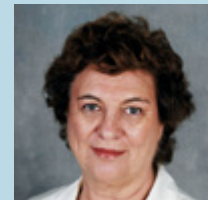
Hypnotic way of talking with the breast cancer patients, creating lifesaving metafores and paradoxes



Paola Brugnoli



Hansjörg Ebell



Teresa Garcia-Sanchez

Katalin Varga

How to Teach Someone to Realize the Power of Words in Medical Practice

Ria Willemsen

Hypnosis and Skin Disorders: From literature to practice

Lectures

Jens von Lindeiner

Hypnose nach Schlaganfall

Martin Wall

Hypnosis and evidence based medicine, perceived, through a glass darkly' – A proposal to clear the glass

Ria Willemsen

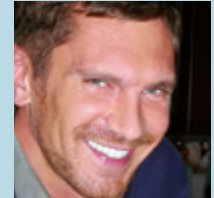
Hypnosis for Autoimmune Hairloss



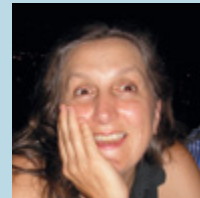
Ernil Hansen



Stefan Junker



Harald Krutiak



Mhairi McKenna



Elvira Muffler



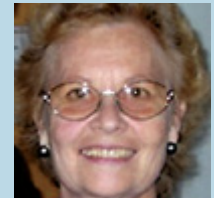
Donald Moss



Irmtraud Teschner



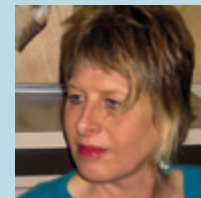
Cuneyt Tugrul



Christel Bejenke



Katalin Varga



Ria Willemsen



Martin Wall

Dental Hypnosis is very influential in Germany. The German Society of Dental Hypnosis is one of the societies that has the most members in the world (around 2000). The Founding President Albrecht Schmierer and Uwe Rudol helped to organize this Dental Hypnosis Program.

Workshops and Short-Courses

Albrecht Schmierer

Hypnose in der Zahnarztpraxis – schnelle und wirksame Hilfe beim Angstabbau, auch auf andere Angstthematik / Phobien anwendbar

Susann Fiedler

Die Essenz erfolgreicher Bruxismustherapie – was jeder Therapeut, (Zahn-)Arzt und Patient wissen sollte

Gabor Filo & Ashley Goodman

Rapid Inductions for Every Day Use

Wolfgang Kuwatsch

Schnelle Induktionstechniken bei Angst- und Schmerzzuständen

Uwe Rudol

Hypnotherapie bei Ängsten und Phobien

Ute Stein

Musik und Trance in der Zahnmedizin

Lectures

Albrecht Schmierer

Therapie der Zahnbehandlungsangst

Thomas Wolf

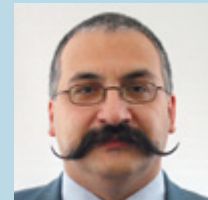
Evaluation of the efficacy of self-organizing hypnosis in painful manipulation of vital teeth



Albrecht Schmierer



Susann Fiedler



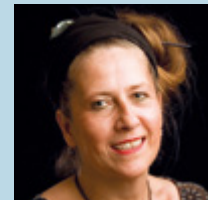
Gabor Filo



Wolfgang Kuwatsch



Uwe Rudol



Ute Stein

The Hungarian Colleagues working with Éva Bányai and Katalin Varga, both from the University of Budapest, have been impressing the field for decades with their hypnosis research. They will present their newest results in Bremen.

The "mother" of Active-Alert-Hypnosis Éva Bányai will present with her team 4 papers:

Symposium

Evidence-based research on the efficacy of clinical hypnosis in treating breast cancer patients

Éva Bányai

The effect of hypnosis as an adjunctive treatment of high risk breast cancer patients. A randomized prospective outcome study

Adrienn Vargay

Mobilization of hidden resources as a result of hypnotic suggestions administered for breast cancer patients

Renáta Márián

Comparison of quality of life and psychological well-being in the hypnosis and control groups

Edit Jakubovits

Immune functions and other physiological indices in the hypnotic and control conditions

Katalin Varga and her research team will present 3 papers:

Symposium

Symposium: Hypnosis Research

Katalin Varga

Is the scoring of harvard group scale of hypnotic susceptibility really objective?

András Költő

Gender of the hypnotized subject and gender of the hypnotist: Are they in interaction?

Emese Józsa

Subjective experiences during hypnotic sessions compared to other dyadic interactions



Éva Bányai



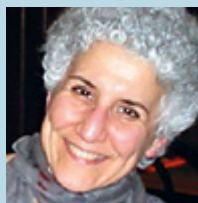
Katalin Varga

Symposium

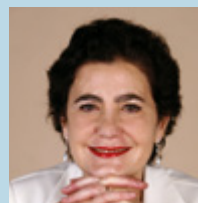
MsMerism: The contributions of women to hypnosis

This symposium initiated by Julie Linden will look at the scientific, clinical and leadership contributions and accomplishments of women in the field of hypnosis. Each of the women will present a synopsis of her work. In addition, each will share a personal experience that shaped her work in the field of hypnosis.

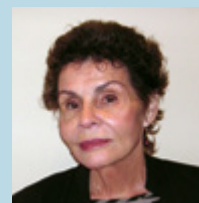
Susanna Carolusson, Consuleo Casula, Joan Jobsis, Éva Bányai, Karen Olness, Susy Signer-Fischer, Christel Bejenke, Maggie Phillips, Liz Lorenz-Wallacher, Elisabeth Faymonville, Theresa Robles



Julie Linden



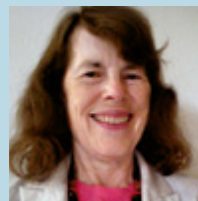
Consuleo Casula



Joan Jobsis



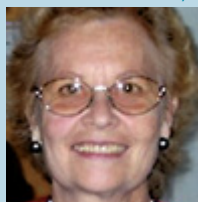
Éva Bányai



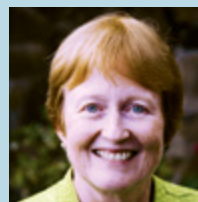
Karen Olness



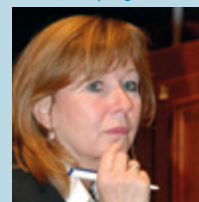
Susy Signer-Fischer



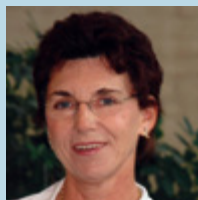
Christel Bejenke



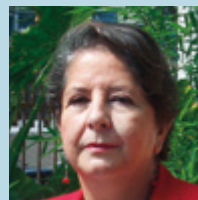
Maggie Phillips



Liz Lorenz-Wallacher



Elisabeth Faymonville



Theresa Robles



Susanna Carolusson



The French colleagues are very active and have a strong society and many institutes. Regularly they have annual meetings with around 800 attendees. They are the hosts for the 20th ISH Congress 2015 in Paris. There will be many French colleagues in Bremen and we will have simultaneous translations in the plenary room into French language. Additionally there will be some workshops in French language, too. The workshop teachers are well-known German-language hypnosis experts who are able to present in French, too. We hope this is also attractive for participants speaking French as foreign language.

Workshops and Short-Courses

Isabelle Celestin-Lhopiteau & Jean Becchio

La peur, obstacle et levier du changement

Danie Beaulieu

La Thérapie d'Impact : utilisation créative des enseignements de Milton Erickson

Karl-Ludwig Holtz

Peur et phobies chez les enfants et adolescents – strategies hypnotherapeutiques

Regina Hunter

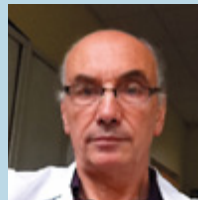
Minimalisme : apprendre à l'instar du cerveau

Luise Reddemann & Olivier Piedfort

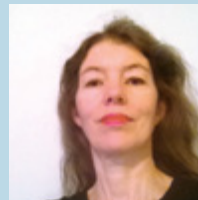
La thérapie psychodynamique imaginative des traumas et ses racines dans l'hypnothérapie et la thérapie des états du moi

Cornelie Schweizer

Sevrage tabagique par l'hypnose



Jean Becchio



Regina Hunter



Cornelie Schweizer

Many people think hypnosis and trance is only possible with closed eyes in a state of deep meditative resting. But trance can also be facilitated while being highly active: Dancing, Drumming, Sport activities, etc. We will address this field in looking at sport hypnosis, mental training but also Sufi Dancing. We will have Live Demonstrations of Active Alert Hypnosis and Sufi Dancing with Live Sufi Music. Additionally we will address the effects of waking trance for learning and studying in schools and universities.

Workshops and Short-Courses

Éva Bányai

Active-Alert Hypnosis (Arbeitstitel)

Gyula Biró

Einführung in die Aktiv-Wach-Hypnose (AWH)

Bruno Dubos

Hypnosis and chronicle process: movement and change

Ali Özden Öztürk

Sufism and Hypnosis

Ulrike Juchmann

Wege entstehen beim Tanzen – afrikanische „Götter“ als Kraftquelle

Antonella Monini

The Therapist on Stage: How to Activate the Body's Thinking through Acting Techniques

Thierry Servillat & Prevot-Stimec

Hypnosis by moving

David Wark

Alert Hypnosis: Workshop in Inducing and Using Eyes Open Hypnosis

Bernhard A. Wicke

Aus einem alten Muster heraus wirbeln

Lectures

David Wark

Alert Hypnosis: Hypnotic Phenomena with Wide Open Eyes.
Review of Research, Mechanisms and Cases

David Wark

Alert Hypnosis: Applications to Education



Gyula Biró



Ali Özden Öztürk



David Wark

Music and Trance are connected. We will have the so called "High Noon-Trances" during lunch breaks. Anita Jung, a texan-bavarian psychologist and her husband Oliver Rajamani, an American-Indian World Musician, have been working together. This duo has very popular in the last years at our large German Congresses and will fly in from Houston to present lunch-trances daily.

Lunch Time Wellness Trance

Anita Jung & Oliver Rajamani

Trance – with Live Music

Ulrike Juchmann

Wege entstehen dadurch, dass man sie tanzt...

Workshops and Short-Courses

Anita Jung

Music and Trance

Stéphane Ottin Pecchio

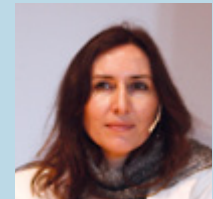
Musical hypnosis-inducing processes through the works of J.S. Bach and C. Debussy. An example of the use of music for hypnosis: an approach associating improvised music and therapeutic touch to induce hypnotic processes

Alan Redstone

Using Music as a Brief Therapy Solution



Oliver Rajamani



Anita Jung

Chinese Psychotherapy is a young discipline. The fast changing processes of the whole country are making psychotherapy more and more necessary. In the 90's of the last century the German-Chinese Academy trained most of the well-known psychotherapists in China. CBT, Psychoanalysis and Systemic Family Therapy has been the focus of the training. Since 2007 there are additional hypnosis trainings certified by the Milton Erickson Society Germany, German-Chinese Academy of Psychotherapy and Beijing University. Some of the leading Professors from all over China will present in Bremen. They plan to teach about combinations of traditional Chinese techniques and hypnosis techniques.



Xin Fang



Tianjun Liu



Wei Ren



Qijia Shi

Lectures

Xin Fang

Chinese Traditional Hypnosis

(included wisdom stories, thinking way, methods, ritual, etc.)

Tianjun Liu

Concrete thinking and hypnosis & Oriental psychotherapy:

Moving to emptiness

Hong Wei Ma

The Heart Sutra and Hypnosis

Wei Ren

The Book of Change and Hypnosis

Qijia Shi

N.N.

Wei Xue

Zen and Hypnosis



First Prof. Tukaev registered and later offered to organize a program with relevant Russian Hypnosis Research.



Rashit Tukaev



Anna Debryanskaya



Larisa Shtark

Lectures

Olga Antipova

Heart Rate Variability as an Instrument in Research of Biological Mechanisms of Hypnotherapy

Anna Debryanskaya, Vladimir V. Kuznetsov & George Stefanov

The dynamics of heart rate variability in healthy volunteers during the hypnotic session

Natalya Petrash

Integrative-dialog hypnotherapy in the complex therapy of stage four HIV infection

Vladislav Kuznetsov

Universal hypnotherapy in treatment of anxious disorders; cases of therapy

Larisa Shtark

Projective Hypnotherapy

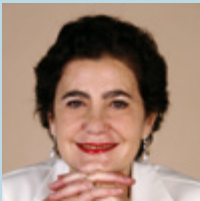
Rashit Tukaev

Domains of hypnotherapy, resilience and resourcefulness; researches and perspectives

In this Symposium three colleagues will present and reflect on this topic drawing from their work in this field for several decades: Consuelo Casula, John Lentz, Steven Hassan.

Symposium

Manipulation and Self trance



Consuelo Casula



John Lentz



Steven Hassan

In several presentations hypnotic approaches will be demonstrated live. These approaches are generally embedded in therapeutic strategies.

Live demonstrations



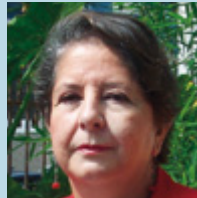
Arreed F. Barabasz



Danie Beaulieu



Camillo Lorio



Teresa Robles

Arreed F. Barabasz

Hypnotherapeutic Techniques

Danie Beaulieu

Experience „live“ Hypnosis through Impact Therapy

Camillo Lorio

Hypnosis and Family Therapy with live Demonstration

Teresa Robles

How to elicit instantaneous Hypnotic Trances

Few presentations will address Bremen directly, especially the famous fairy tale of Brothers Grimm „The Bremen Town Musicians“. One presenter's name is „Bremer“ what in Germany is meaning „coming from Bremen“. That is reason enough to define an own program category.

Workshops and Short-Courses

Dagmar Bieselt & Peter Bieselt

„The Town Musicians of Bremen“/ „Die Bremer Stadtmusikanten“

Christine Guilloux

Expressions of Mindfulness

Marie-Jeanne Bremer

Wenn es plötzlich dunkel wurde. Spaltung auflösen durch integrierende hypnotherapeutische Verfahren



Dagmar Bieselt



Christine Guilloux



Marie-Jeanne Bremer



Smoking cessation is one of the classical topics of hypnotherapy. Research is showing evidence for the use of hypnosis.

Workshops and Short-Courses

Björn Riegel

Smokex – Nachhaltige Raucherentwöhnung mit Hypnotherapie

Martin Dettelbacher

Raucherentwöhnung im 4dimensionalen Modell

Cornelie Schweizer *(Workshop auf französisch)*

Sevrage tabagique par l'hypnose – „Das Tübinger Programm“

Lectures

Abdulkadir Demirel

The New Hypnotic Approach for Quitting Smoking – ‚Water and Bar Code Technique‘

Cornelie Schweizer

Hypnose in der Raucherentwöhnung – ein Überblick zum aktuellen Stand der Wissenschaft



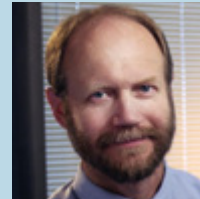
Andrew Armatas



Günter R. Clausen



Michele Modenese



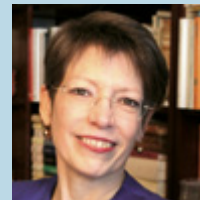
Maximilian Muenke



Reinhild Draeger-Muenke



Maria Schnell



Jane Turner



Brian Alman



Lars-Eric Uneståhl

Hypnotherapeutic techniques are excellent for self-care. Many techniques of Mental Training originally derive from hypnotherapy. Some of the international pioneers in this field will teach in Bremen.

Workshops and Short-Courses

Brian Alman

The Voice for real "Wellness": Exact Techniques

Andrew Armatas

Coaching Hypnosis: integrating hypnotic strategies in coaching settings

Günter R. Clausen

SELBST-Hypnose auf neuen Wegen.
Autogenes SELBSTwerdendes Training – von der
Zweipersonenpsychologie zur Einpersonpsychologie

Ingo Hodum

Mentales Training und Hypnotherapeutische Interventionen am
Beispiel von Hochleistungssportlern im Tischtennis

Michele Modenese

Hypnosis and mental training in Sport Psychology: A way of
working with hypnosis in Sport Psychology. Body techniques
and Ericksonian metaphors

Maximilian Muenke & Reinhild Draeger-Muenke

Acupressure and Hypnosis for Selfcare: Healer Heal Thyself
and Thy Patients

Maria Schnell

Selbsthypnose

Laurence Sugarman

Transforming Health and Care: Report from the Center for
Applied Psychophysiology and Self-regulation at Rochester
Institute of Technology

Jane Turner

GOSH it Works! Goal Oriented Self Hypnosis: setting and
achieving goals with self-hypnosis

Lars-Eric Uneståhl

Hypnosis – Mental Training – Positive Psychology – The Ideal
Triad

Lectures

Brian Alman

"TruSage International: Sanford Clinic Watertown Efficacy Study"
OR "Mental Fitness Power Exercises: Getting into the Zone"

Lars-Eric Uneståhl

Developmental Hypnosis replacing Clinical Hypnosis

Hypnosis and hypnotherapeutic techniques easily can be combined with evidence-based hi-tech medicine as well as with traditional healing techniques.



Lectures

Jini K Gopinath

The conceptual parallels between Yoga and Hypnosis

Tak-ho Lam

Ancient Wisdom and Contemporary Practice: Hypnosis in Traditional Chinese Medicine

Antonella Monini

Hahnemannian Homeopathy and Ericksonian Psychotherapy: A fatal Attraction between similar approaches. Reflections

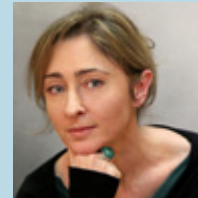
Olivier Prian

Meeting between hypnosis, acupuncture, auriculotherapy and osteopathy

More you can find in categories like „Chinese contributions“, Medical Hypnosis, Self-Hypnosis etc.



Tak-ho Lam



Antonella Monini



Olivier Prian

Modern neuropsychological research with brain scanning techniques can prove and clarify many aspects of hypnosis that experts debated bitterly decades ago. Neuropsychology was the featured topic of the last congress in Rome. This congress will give an update.

Lectures

Etzel Cardeña

The neurophenomenology of spontaneous hypnotic phenomena

Marie-Elisabeth Faymonville

Hypnotic modulation of resting state fMRI default mode and extrinsic network connectivity

Enrico Facco

Effects of hypnotically induced „amusia for rhythm“ on mismatch negativity

Ulrike Halsband

Neural substrates of hypnosis

Zoltán Kekecs

The effects of a positive suggestion protocol in preparation for cataract surgery on the subjective wellbeing, physiological parameters and recovery of the patients

Hans Markowitsch

Amnesie

Maximilian Muenke

Genetics of Complex Traits: Hypnotizability, Behavior, and Mental Health

Osman Özcan

Kinesiological Surface Electromyography Response of Biceps Brachii Muscle Under Hypnosis

O. Berndt Scholz

Das Unbewusste und die Posthypnose Aufgabe (PHA)

Devin Terhune

The instrumental use of hypnosis for the study of synaesthesia

Devin Terhune

Toward the next generation of measures of hypnotic responding



Etzel Cardeña



Ulrike Halsband



Hans Markowitsch

We have many excellent addresses in the program. International experts will address important aspects of theory and practice. Some of these addresses also could be a keynote on such a congress.

Essentials, Strategies, Approaches

Marie Arnaud

Therapeutisch sinnvolles Berühren in der Hypnosetherapie

Walter Bongartz

Hypnotherapy as an independent psychotherapeutic modality:
Theory, practice, empirical foundation

Wiltrud Brächter

Bilder in Bewegung bringen – Hypnosystemische Konzepte
in der Sandspieltherapie

Wolf Büntig

Observation, intuition and hypnotherapeutic interventions
in transgenerational therapy

Jacqueline Clediere

Mary Poppins and Hypnosis or Learning how to “grow up”
through Ernest Rossi’s technique

Jean Damien Dehoux

Electrotherapy in the service of hypnosis

Eleonore Höfner

Wieviel Humor verträgt ein Klient? Humor als Grundlage
des Provokativen Stils®

Hans Kanitschar

Hypnosepsychotherapie als tiefenpsychologisch fundierte,
integrative Methode

Shaul Livnay

The stimulation of the „Conductor“ as a means of integration
through hypnotherapy

Matthias Mende

Wohin soll das nur führen? Die Ableitung von Therapiezielen
in der Hypnotherapie

Michele Modenese & Federica Tagliati

Hypnosis and Archetypal images: How they could improve
therapy

Dave Patterson

Virtual reality distraction and hypnosis

Gary Bruno Schmid

Bewusstseinsmedizin und die Macht der Vorstellungskraft:
von psychogenem Tod bis zur wirksamen Selbstheilung

Oleksandr Tokhtamysh

Metaphors of accepting limits as recourses in psychotherapy
and hypnotherapy

Wilma Sponti Trasarti

Paolo from 9 to 39 years: a case of natural reciprocal hypnosis

Claudia Weinspach

Isn't The Lake Beautiful – Ode to Milton H. Erickson, MD,
an American Healer

Edwin Yager

Comparing Success Rates of Subliminal Therapy, CBT and EMDR

Intercultural Issues

Philippe Aim

Hypnotic and jewish thoughts

Marilia Baker

Sailing the Seven Seas of Multicultural Competencies in Hypnosis

Gilles Besson

At the Crossroads of contemporary Hypnosis and of primary
cultures: My practice of Native American songs in Psychotherapy

Karen Olness

Taking Hypnosis to Resource Poor Areas of the World

Art and Art Therapy

Daniel Bass

Using movies in Ericksonian Psychotherapy

Georg Franzen

Tranceerfahrungen im Kunstraum: Die Grotte von Niki de Saint
Phalle

Ewa Gruszecka

Music of Transformation

Stéphane Ottin Pecchio

Musical hypnosis induced by simultaneous piano and singing
improvisations and therapeutic touch

Peter Nemetschek

Erickson bei der Arbeit, eine persönliche Begegnung



Walter Bongartz



Wolf Bütting



Matthias Mende

Philosophical Aspects

Consuelo Casula

From Plato to Erickson: ancient philosophy and modern hypnotherapy

Susan Dowell

The Present Moment

Donald Moss

Social-Relational Elements in Erwin Straus' Phenomenology of Suggestion

Albert Widmann

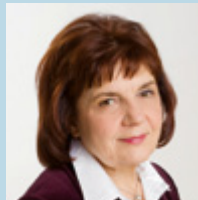
Die Geschichte mit dem Punkt – oder – Der Punkt an der Geschichte ist...



Susan Dowell



Giuseppe de Benedittis



Inara Roja

Lectures about addressing symptoms

Giuseppe de Benedittis

Hypnosis for fibromyalgia: a long term, controlled study

Christian Kettler

Alter – Depressionen – Humor – Sexualität!

Inara Roja

Short-term psychotherapy treatment for working adults with trichotillomania

Christian Ziegler

Das Rätsel Anorexia nervosa hypnotherapeutisch verstehen und lösen

Myriam Eono

How to deal with bereavement and death





MILTON ERICKSON INSTITUT
ROTTWEIL

09.-11.05.2013

Was wirkt eigentlich wirklich in der Hypno- und Psychotherapie?

Scott Miller, Gunther Schmidt,
Bernhard Trenkle und Peter Hain
Do 14 - Sa 16 Uhr, Rottweil, € 325,-



Bernhard Trenkle, Dipl.-Psych., Dipl.-Wi-Ing.

Bahnhofstraße 4 78628 Rottweil · Tel 0741 41477 · Fax 0741 41773

kontakt@meg-rottweil.de · www.meg-rottweil.de



Die Klinik für Kompetenzzentfaltung bringt gesunde Lösungen.

Dr. Gunther Schmidt, Mechthild Reinhard, Dr. Carsten Till und ihr Team bieten Ihnen in der **sysTelios Klinik für Psychosomatik und Psychotherapie** in Siedelsbrunn, Wald-Michelbach, in intensiver Form **hypnotherapeutisch-systemische Therapie** an. Das Konzept ist tiefenpsychologisch fundiert in Verbindung mit lösungsorientierter Bewegungs-, Körper-, Kunst- und Musiktherapie.

Bei der **sysTelios Klinik** handelt es sich um eine private Akutklinik nach § 107 (1) SGB V. Dies macht Akutaufnahmen nach aktueller Einweisung durch einen Facharzt im Anschluss an die Nutzung ambulanter Maßnahmen auch ohne vorherige Kostenzusage durch die private Krankenversicherung möglich. Ebenso nehmen wir KlientInnen für einen stationären Aufenthalt nach Kostenzusage durch die private Krankenversicherung und/oder die Beihilfe auf. Wir beraten Sie – auch als SelbstzahlerIn – individuell und gern.

sysTelios Klinik

Am Tannenberg 17 · 69483 Wald-Michelbach/Siedelsbrunn

Tel. +49.6207.9249-0 · mail@sysTelios.de · www.sysTelios.de

**Wednesday
17.10.2012**

Martin O.

The Swiss Artist Martin O. just won the highest German cabaret award 2011 (Deutscher Kleinkunstpreis). He is a very funny entertainer and will demonstrate with the help of feedback loops that he himself can be a choir and much more.

www.martin-o.ch

Tickets available from June

**Thursday
18.10.2012**

MNOZIL Brass revealed „BLOFELD“

Mnozil Brass are a world-famous brass band, but much more than a brass band.

They do it all: singing, theater, dancing, comedy, and, and...
Check them out at www.youtube.com

www.mnozilbrass.at

Tickets are already available via www.suedpolshop.de

Congress participants will get a special price.



Friday 19.10.2012

The Cabaret Gala Show

The congresses of the Milton Erickson Institute Rottweil (Bernhard Trenkle) are famous for their outstanding evening entertainment. On Friday we have our traditional Cabaret Gala Performance. The various artists are selected by Helge Heynold, a highly experienced director, actor, and speaker from the German Radio ARD Hessischer Rundfunk. He creates such shows professionally for German Radio and knows a lot of artists. This program is based mainly on non-verbal communication and is especially tailored for our international audience of the congress.

Helge Heynold



Tickets available from June

Saturday 20.10.2012

Banquet

On Saturday we will have the Congress Banquet. As a special event within the Banquet the International Society will present the Awards of the Society to the awardees. We will have live music for entertainment and dancing.

Tickets available from June



Registration & Payment

On the last page of this brochure you will find a registration form which you can use for fax or regular letters. Online registration is possible via www.hypnosis-congress.com. Online registration will get 5 € off. If you use the online registration you can choose between: remittance, automatic debit transfer system and Paypal. In all three cases an invoice will be sent to you shortly after your registration.

How can I use/redeem a promotion Code?

There is a box for the promotion code on the first page of the online registration. Please enter the code here.

The call for papers is closed already.

Is there a reduced participant fee?

Yes. In case you are in a precarious financial or difficult situation (e.g. currently looking for a job, little retirement pension, invalidity, etc.) and you can prove it accordingly, it is possible to apply for the reduced participant fee of 230 Euros. In this case, please send us the corresponding confirmations (income statement, income statement of the spouse, documents in support of higher expenses, etc.) or inform yourself by phone (+49-741 2068899-0). Since the end of 2011 students can register specially for volunteer work at the congress by doing a congress internship.

Can lectures and workshops also be booked separately/ singularly without registering for the whole congress? Are there daily tickets?

It is not possible to only book single workshops or lectures without registering for the whole congress. In case the congress is finally not already sold out daily tickets will be available. This will be defined during summer 2012.

What are the conditions to cancel a registration?

Can another person replace me?

If you cancel your participation until Sept. 5th 2012 the participant fee less a service charge of € 30,- will be reimbursed. After this date reimbursement will not be possible. For a charge of € 15,- your registration can alternatively be conferred on a person named by you, who fulfills the participant conditions.

Can you reserve seats for the specific workshops and lectures at the present moment?

All registered participants can register for the workshops and lectures starting approximately June 2012. Further information will automatically be sent to all registered participants by email shortly before June 2012.

Will continuing education credit points/units (CEU) be awarded for the congress?

The congress will be submitted at the national psychotherapeutic association. We expect to receive the accreditation like always.

Where exactly will the congress take place?

In the Congress Center of Bremen. This is located directly next to the main train station. The address is: Congress Centrum Bremen, Hollerallee 99, 28215 Bremen



MILTON ERICKSON INSTITUT
ROTTWEIL

29.05. - 01.06.2014

Das DUO
Gunther Schmidt & Bernhard Trenkle
Familientherapie ohne Familie

Gunther Schmidt, Dr.med. & Bernhard Trenkle, Dipl.Psych.
Do 14-So 14 Uhr, € 390,- (bis 31.05.13), danach € 450,-



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kontakt@meg-rottweil.de · www.meg-rottweil.de

09.-16.06.2012

UtiliSeasation
XXI. Seminar- und Supervisionswoche

Kloster WIGRY in Polen
Nur noch wenige Plätze frei!

Thema: World meets Wigry

2011 war das 20-jährige Jubiläum unserer beliebten Seminarwoche im polnischen Kloster Wigry. Im Folgejahr 2012 wird der komplette 8-köpfige Vorstand der Internationalen Hypnosegesellschaft ISH in Wigry unterrichten und mit dem Orga-Team die Tagung in Bremen vorbereiten.

Wie immer gibt es interessante Workshops, Supervision, Segeln, Kajak, Rudern, Radeln, Wandern, und abends Tanzen, Lagerfeuer, Karaoke-Singen etc.



www.wigry.de

Organisation: M.E.I. Rottweil • Veranstalter: Polski Instytut Ericksonowski



MEG



Congress Committee

The International Society of Hypnosis

www.ish-hypnosis.org

PRESIDENT: Camillo Loriedo, MD, PhD ¹⁾

SECRETARY/TREASURER: Consuelo Casula, PhD ²⁾

IMMEDIATE PAST-PRESIDENT: Eric Vermetten, MD, PhD ³⁾

PRESIDENT-ELECT: Julie H. Linden, PhD ⁴⁾

Milton Erickson Institut Rottweil

Bernhard Trenkle, Dipl.Psych. ⁵⁾

www.meg-rottweil.de

Hosting Society

Milton Erickson Gesellschaft
für Klinische Hypnose e.V.

www.meg-hypnose.de

Organisation

Trenkle Organisation GmbH

Bahnhofstr. 4, 76828 Rottweil

Tel. +49 741-2068899-0

Fax +49 741-2068899-9

www.trenkle-organisation.de



Registration

Online-Registration: www.hypnosis-congress.com

If you register online you will get a 5 € Discount.

Degree

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Email

☐ I register for the 19th Intern. Hypnosis Congress

I register for the Pre-Congress Workshop

☐ WS1 ☐ WS2+WS3 ☐ WS2 ☐ WS3

(registration fees look at page 10/11)

Payments will be acknowledged by email

I need CEU credits: ☐ Yes ☐ No

☐ I am ISH-Member

☐ I apply for ISH-Membership. Application form enclosed
(Download: www.hypnosis-congress.com).
If your membership is accepted you will get the reduced fee.

☐ Psychologist

☐ Medical Doctor

☐ Dentist

☐ Social Worker / MSW

☐ Other:

Promotion-Code: _____

Date Signature

I have read and accepted the terms and conditions.

Congress fees (19% VAT included)	Regulär	ISH-Member
Registration by 15th May 2012:	455 €	415 €
Registration by 15th September 2012:	555 €	515 €
Onsite:	595 €	555 €



Fax: +49(0) 741 2068899-9



trenkle organisation

KONGRESSE UND TAGUNGEN

In agreement with the Code of Ethics of ISH, I declare to abide by the following: Members should at all times remain aware of their signed undertaking to use hypnosis only for those purposes for which they are professionally qualified and within the strict limitations of their professional work. This implies that those members who use hypnosis for some clinical or therapeutic purpose should have undertaken, or be undertaking, a professional qualification in that therapy recognised by the Health Service, Social Services or Department of Education of their country. Members should only use hypnosis in their work if, and as far as, this is compatible with the rules of their professional association and the terms of reference of their work. They should restrict their use of hypnosis to those problems for which they would be recognized as qualified to undertake within the Health Service, Social Services or Department of Education of their country. In registering for this congress I agree to abide by this code. Furthermore I declare to attend the congress in my own responsibility. Cancellations only can be sent in writing. For cancellations till September 5th 2012 we charge a cancellation fee of € 30. After that date no refunds are made. If the registration payment is not made in due time according to the price dates for each deadline, the responsive price valid at the time of payment has to be paid. If there are cancellations of parts or the whole congress due to unpredictable circumstances like weather, volcano eruptions in Iceland, strikes or other political problems the organizers cannot be made responsible. Your registration is confirmed by your reception of the invoice for the congress.

Trenkle Organisation GmbH
Bahnhofstr. 4
D-78628 Rottweil
Germany